

Gijón is a coastal city of Asturias, located in the north of Spain. The impetuous Bay of Biscay (or Cantabrian Sea as it is known locally), which embraces the city of Gijón, has marked its history for over 5.000 years.

The progressive modernization of the city, along with its own excellent natural conditions, has turned Gijón into a city that attracts a growing number of visitors, drawn by a good offer of culture and sports and a strong service sector.

Now, at the beginning of a new century, Gijón is doing its utmost to preserve its remote historical past and to display this as an example of its touristic excellence.

















EUROPEAN CHAMPIONSHIP (M&W) SAMBO & COMBAT SAMBO MAY 16 - 19, 2019 GIJÓN - SPAIN



















FEDERACIÓN DE LUCHAS OLÍMPICAS Y D.A. **DEL PRINCIPADO DE ASTURIAS**

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MAY 16 [™] TO 19 [™], 2019 **GIJÓN, SPAIN**

PALACIO DE DEPORTES DE LA GUÍA

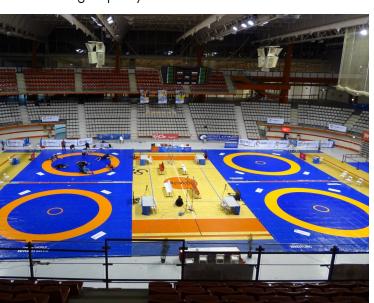
PALACIO DE DEPORTES DE LA GUÍA GIJÓN

Located on the right bank of the Piles River, has been designed by the architect Salvador Pérez Arroyo, within an important recreational area and leisure area in the city.

Since its inauguration in 1992, this modern facility with a constructed area of $14.000~\text{m}^2$, has become the flagship of Gijon sport facilities. It has hosted several international competitions, as well as important cultural events. There is also an intense daily use by federated athletes of all disciplines, who find its versatile equipment suitable for all kind of sports.

Equipment:

- Center court with a maximum capacity of 7.000 spectators
- Auxiliary pavilion with a capacity of 500 seated spectators
- Martial arts room with tatami, weightlifting room, muscle and fitness room, squash courts, billiards room, boxing room, fencing room
- · Cafeteria with VIP lounge
- Locker rooms: 10 rooms for teams, and 4 rooms for referees
- Parking: capacity for 2.000 cars and 50 buses



PROGRAM

EUROPEAN SPORTS AND COMBAT SAMBO CHAMPIONSHIP AMONG ADULTS (M-F)

16 - 19 MAY, 2019 GIJON - SPAIN

May 16: DAY 1

DELEGATION ARRIVAL, MANDATE COMMISSION, ACCREDITATION, ACCOMMODATION

17:00-17:45 Referees seminar

18:00-19:00 Weigh-in: 48, 60, 72 kg (women)

52, 68, 90 kg (men)

57, 74, 100 kg (combat)

19:00-20:00 Representatives and coaches meeting

May 17: DAY 2

10:00 Preliminaries: 48, 60, 72 kg (women)

52, 68, 90 kg (men)

57, 74, 100 kg (combat)

15:00-16:00 Weigh-in: 52, 64, 80 kg (women)

57, 74, 100 kg (men)

62, 82, +100 kg (combat)

17:30-18:00 Opening Ceremony

18:00 Finals: 48, 60, 72 kg (women)

52, 68, 90 kg (men)

57, 74, 100 kg (combat)

Awarding of the champions and winners

May 18: DAY 3

10:00 Preliminaries: 52, 64, 80 kg (women)

57, 74, 100 kg (men) 62, 82, +100 kg (combat)

15:00-16:00 Weigh-in: 56, 68, +80 kg (women)

62, 82, +100 kg (men)

52, 68, 90 kg (combat)

18:00 Opening Ceremony

Finals: 52, 64, 80 kg (women)

57, 74, 100 kg (men)

62, 82, +100 kg (combat)

Awarding of the champions and winners

May 19: DAY 4

10:00 Preliminaries: 56, 68, +80 kg (women)

62, 82, +100 kg (men) 52, 68, 90 kg (combat)

16:00 Finals: 56, 68, +80 kg (women)

62, 82, +100 kg (men) 52, 68, 90 kg (combat)

Awarding of the champions and winners

May 20: DAY 5

DEPARTURE OF DELEGATIONS



Contact details:

SPANISH FEDERATION OF OLYMPIC WRESTLING AND ASSOCIATED DISCIPLINES

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